

BodyTalk Access Course

Learn in a day - use for a lifetime



DETAILS:

DATE: Sat 16th April 2011

TIME: 9.30am - 5.30pm

VENUE:

Emmaus House
Clifton Hill
Clifton
Bristol, BS8 1BN



COST:

Full cost: £100
EarlyBird: £80 – when booked and paid by 21st March

ACCESS TRAINER:

Eloise Ansell CBP, BAT



STUDENT FEEDBACK:

“many-many thanks for the wonderful presentation you did of the Access technique. I greatly enjoyed it and have been doing it ever since with wonderful results.”

“Thank you ... Especially for fixing my twice-mashed up wrist. I had no more pain, even when driving home! Guess what I've already done today? The full routine plus already 2 extra Cortices!”

BODYTALK ACCESS IN BRISTOL

**Health empowerment in 10 minutes for everybody:
Parents, Teachers, Nurses, Carers, Friends, Therapists**

Enhance and maintain the well-being of yourself and others. This popular course is open to anyone wishing to learn the basic self balancing and first aid techniques within the BodyTalk System.

BodyTalk Access' goal is to provide you with a simple set of energy-based techniques that will help you manage daily well-being challenges and maintain optimum health.

COURSE OVERVIEW:

This class is taught as a mixture of lecturing and lots of hands on practical experience. You will learn how to apply the Access techniques to yourself and to others, and have some fun too 😊

You will learn 6 simple techniques to help manage and improve:

Brain Function & Performance, Memory, Concentration, Stress, Relaxation, Well-being, Hydration, Circulation, Chronic Pain, Arthritis, Immune System, Infections, Viruses, Allergies, Intolerances, Back Problems, Structural Integration, Coordination, Injuries, Energetic First Aid and more...

TO BOOK: REGISTER ONLINE OR CALL THE COORDINATOR

Please register for this course at: www.bodytalksystem.com

How to: Click on 'Seminars' at the bottom of the page. Choose 'UK' from the menu. Locate this Access course. Click 'details & registration' and follow prompts.

If you have no internet access, encounter problems or for any queries... **Contact Coordinator: Caroline Nettle**

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